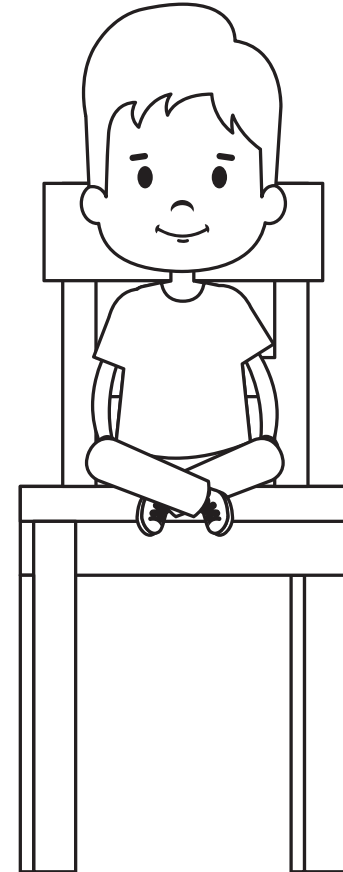
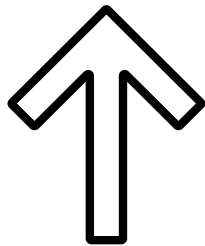


Stand up



Sit down

